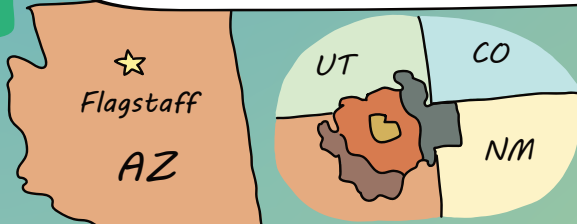


ADAM CARL, M.D.: MAKING A DIFFERENCE

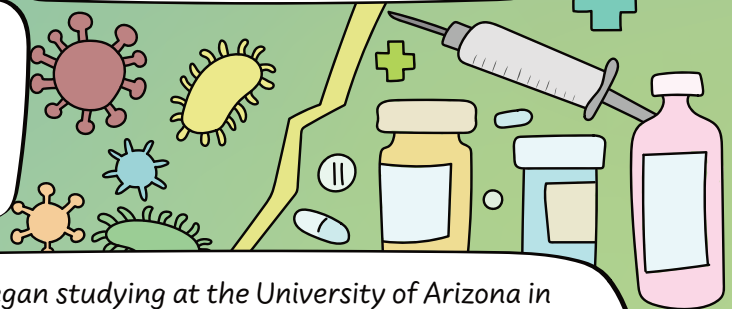


Meet Dr. Adam Carl. He grew up in Flagstaff, Arizona, and spent a lot of time with his grandparents on the nearby Hopi reservation. He also has Diné (Navajo) ancestry.

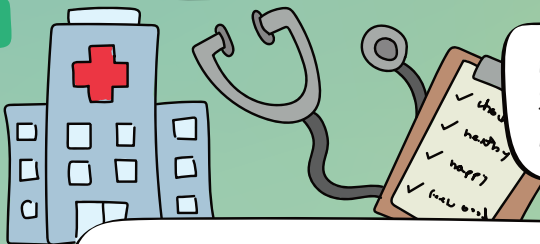


While spending time with his grandparents, he noticed that several people were sick a lot of the time and struggled to get the medical care that they needed.

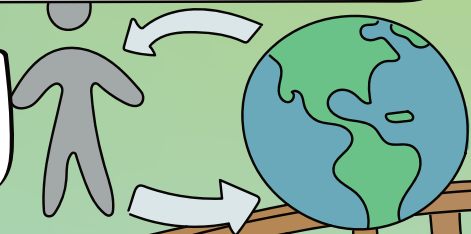
This planted the seeds for his medical career. In high school, he began volunteering at the Hopi Health Care Center and took several pre-med college courses.



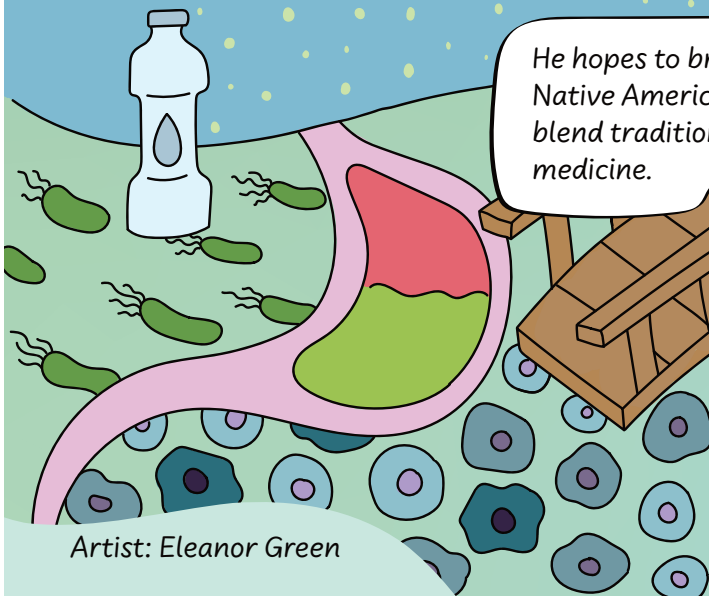
He began studying at the University of Arizona in 2017, completing a physiology degree in 2020 and a master's in environmental health science a year later.



His graduate research focused on studying the effects of arsenic in drinking water (on the Hopi Reservation) and comparing *H. pylori* infection rates with gastric cancer cases (on the Navajo Reservation).



He hopes to bridge gaps in access and research for Native American communities and to find ways to blend traditional healing practices with Western medicine.

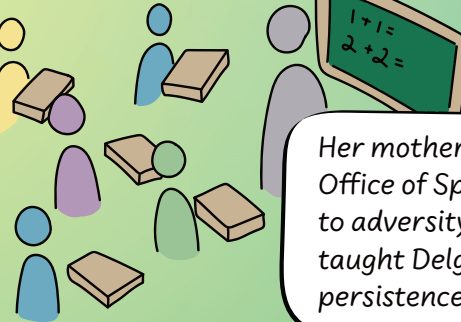


SCAN THE QR CODE
TO LEARN MORE
ABOUT DR. ADAM CARL
AND HIS WORK



ANDREA DELGADO-OLSON: PAVING NON-TRADITIONAL PATHWAYS

Meet Andrea Delgado-Olson. She was raised in Orinda, California, and is a member of the lone Band of the Miwok people.

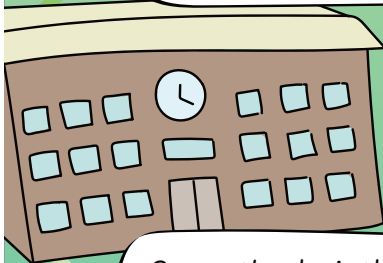


Her mother, an attorney for the federal Office of Special Counsel, was no stranger to adversity in male-dominated fields and taught Delgado-Olson the value of persistence and leadership.

After completing high school, she earned her preschool certification and spent 15 years working in early childhood education. In 2013, she went back to school as a non-traditional student to complete a bachelor's in education.



She discovered her love for technology while taking a required course and decided to continue her studies and pursue a master's in computer science.



Currently, she is the executive director of IndigiGenius, a non-profit focused on advancing Indigenous knowledge and presence in the computer science and technology fields through youth programming.



She also works to preserve the Miwok culture and language. She even worked with Google to create an Android Basics Nanodegree course for their Udacity platform that uses Miwok language.



Language

Miwok

Culture



SCAN THE QR CODE TO
LEARN MORE ABOUT
ANDREA DELGADO-OLSON
AND HER WORK

