

MOST*

Crafting Crystals

Materials

- Epsom Salt
- Hot Water
- Food Coloring
- Cup (try a halved plastic water bottle!)

1

Add 1/2 cup of Epsom salt to your cup and then 1/2 cup of hot water. The hotter the water the better. You can get hot water from the sink or boil the water, either in the microwave or on the stovetop. *With* adult supervision, of course!

2

Stir the salt and water for at least a **minute**. This will create a saturated solution, which means that the salt will no longer be able to dissolve in the solution.

3

Add a couple of drops of food coloring to your crystals.

4

Put your solution in the fridge overnight and wake up to a cup full of crystals!

5

Pour out the excess solution and check out your crystals. What does it look like? What do you think would happen if you had used cold or room temperature water?

